



Mahatma Gandhi Vidyamandir's  
Arts, Science & Commerce College, Harsul

Tal- Tryambakeshwar, Dist- Nashik – 422 204

[Academic Year: 2020-21]

## **Best Practice- 1**

### **Title:**

Creating Awareness among the Girl students about Health related Issues.

### **Objectives:**

- To create awareness among students about health-related issues.
- To provide counselling and guidance to students for maintaining wellbeing.
- To identify the girl students having haemoglobin deficiency and malnutrition.
- To provide medical assistance to the girl students.

### **The Context:**

Harsul and the surrounding region has been declared as 'Tribal Zone' by the Govt. of Maharashtra. Majority of our students are from socially and economically backward area. As the saying goes 'Health is Wealth', many girl students find having common health issues such as haemoglobin deficiency, malnutrition, depression, stress related issues. In this context, it was felt that these girl students should be provided Medical and psychological counselling, guidance and assistance to tackle the problem.

### **Practice:**

The Ladies Forum has been constituted and National Service Scheme jointly organised a Health Check-up Camp for the girl students. The plan was worked out in association with a team from Rural Hospital, Harsul. The team of Medical Officers and supporting staff, with the necessary medical equipment and drugs- supplements- iron and folic acid tablets) conducted the physical check-up and the girl students diagnosed with anaemia and haemoglobin deficiency were given required supplements.

**Evidences of Success:**

A large number of students participated in the camp and acquired knowledge about safeguarding their health. Some of the girl students were diagnosed with major health problems, and were advised to take advanced treatment. The medical experts also delivered lectures for preserving psychological health.

**Problems Encountered:**

Due to Covid-19 pandemic situation and lockdown during this year, the activities were not carried out effectively.

**Best Practice- 2****Title:**

Awareness Programme for Tribal People (villagers) about Various Welfare Schemes

**Objectives:**

- To create awareness among the tribal people regarding government schemes for better living.
- To inform the villagers about different welfare schemes and facilities for them from the government.
- To help the needy people to take benefits of these schemes and facilities.
- To contribute for the conservation of natural resources.

**The Context:**

The college is situated in a tribal region where most of the people live in remote and hilly areas. The majority of population belonging to tribal communities are poor and illiterate. They are primarily depended on local available natural resources for livelihood. There are number of welfare schemes and facilities active from the government for the tribal area. But the number of beneficiaries in Harsul region is low.

**Practice:**

The college has organised the awareness programme in the villages of Harsul vicinity. The college team visited some villages and informed the village people in groups as well as individually about various government welfare schemes and facilities such as, Free Ashram schools and scholarships for education, Rajiv Gandhi, Mahatma Phule health Yojana, Mahatma Gandhi Rojgar Hami Yojana, Ann Suraksha Yojana, Kisan Sanman Yojana, Krishi Bima Yojana, Free Seed Yojana, Ujwala Gas Yojana etc. The guidance has been provided about forms, necessary documents and where to apply.

**Evidences of Success:**

The villagers were pleased to know about different schemes and subsidies for them from the government. They started collection of relevant documents and submitted to the online portal or in the Panchayat Samiti.

**Problems Encountered:**

But, we could not conduct this activity effectively this year due to the Covid-19 pandemic situation.