

BEST PRACTICE 1

Title- Online course in Remote Sensing for Tribal Students by the Department of Geography.

Goal – Skill Development of Tribal Students.

To bridge the Urban -Tribal skill gap.

The context: - Harsul and the surrounding region has been declared as „tribal zone“ by the government. The motto of our institution is „Bahujan Hitay Bahujan Sukhay“. Accordingly the college continues to impart higher education to the tribals- who live in remote unapproachable area. Majority of our students belong to schedule tribes who are socially and economically deprived. Along with facilitating the participation of tribal students in higher education, the college is sincerely trying to bridge the skill gap between Tribal Students of the college and their Urban counterparts. The college is sincerely trying to enhance the technological abilities of the Tribal Students to make them competent to face the challenges of 21st century.

Practice -- Today online education has clearly become one of the most popular and useful higher education alternatives. Online learning can be just as effective and useful as face to face learning. The ASC College, Harsul is situated in Tribal region and majority of the students belong to socio economically backward classes.

The Department of Geography has started an online course in Remote Sensing for the students in association with The Indian Institute of Remote Sensing. This year 07 students have successfully completed this course. These students could play a key role in technological upgradation innovation and competitiveness. This online course has boosted the confidence of Tribal Students and is helping them to have a smooth transition from traditional academics to working career.

Resources Required: Computers, Internet Connection.

Obstacles: There are always Financial constraints. The other problems are unavailability of continuous supply of electricity and internet facility.

BEST PRACTICE 2

Title: - To create awareness among girl students about health related issues.

Goals:

- To create awareness about health-related issues.
- To provide psycho social counselling to students for maintaining psychological health.
- To provide guidance for stress management.
- To identify the girl students having haemoglobin deficiency and malnutrition.
- To provide medical assistance to the girl students.

The Context:

Harsul and the surrounding region has been declared as “Tribal Zone” by the Govt. Of Maharashtra. Majority of our students are socially and economically backward. According to the motto of our institution “Bahujan Hitay Bahujan Sukhay”, we are working sincerely for the welfare and betterment of this downtrodden section of society.

As the saying goes ‘Health is Wealth’, girl students particularly in Tribal area suffer from common health issues such as Haemoglobin deficiency, Malnutrition, Depression, Stress related issues etc. Majority of the female students enrolled in college come from socially and economically backward families and are underweight.

India has high prevalence of iron-deficiency, anaemia among women. Between 60-70% adolescent girls are anaemic, a condition that can result in adverse pregnancy outcomes or even maternal death, as well as reduced work productivity and impaired physical capabilities. In this context, it was felt that these girl students should be provided Medical and psychological counselling, guidance and assistance to tackle the problem.

Practice: The Ladies Forum has been constituted for the purpose of providing a platform to the girl students. It addresses a wide range of issues, ranging from Psycho social counselling to Physical Health. The college is striving sincerely for the welfare and betterment of girl students and for the cause of gender equity. Academic year 2018-19 has been Silver Jubilee Year of the college. Therefore, it was decided to focus on health issues of girl students. The Ladies Forum has organised Guest Lectures by Experts on Female Health Issues and have conducted sessions to overcome stress related issues among girl students.

The Ladies Forum and National Service Scheme jointly organised a Health Check-up Camp for the girl students. The plan was worked out in association with a team from Rural Hospital, Harsul. The team of Medical Officers and supporting staff, with the necessary medical equipments and drugs- (supplements- iron and folic acid tablets) conducted the physical check-up and the girl students diagnosed with anaemia and haemoglobin deficiency were given required supplements.

Impact : A large number of students participated in the camp and acquired knowledge about safeguarding their health. Some of the girl students were diagnosed with major health

problems, and were advised to take advanced treatment. The medical experts also delivered lectures for preserving psychological health.

Obstacles – The main reason of Anaemia and Malnutrition among girl students is, poor and inadequate diet. It is difficult to fulfil the dietary requirements of these students, which is the main cause of Anaemia. The college needs additional financial and human resources to tackle the issue.